



SOUTH TYNESIDE ADHD SUPPORT GROUP

Are a parent or carer of a child with ADHD and would like support and advice?
Then drop in to one of our informal fortnightly group meetings.

We have a free kids club during this time for children aged 4 (in Reception class)-16 years, including siblings.

We also organise monthly family activities.

Upcoming dates:

Tuesday 13th June, Tuesday 27th June, Tuesday 11th July
4.30 - 6.00pm

Epiny School, Nevinson Avenue, South Shields NE348BT

How do I attend?

Contact Jean on 07804 495 406 or E-mail:
stadhdgroup@yahoo.com