



**Epina**

Business & Enterprise School

# PE Celebration

Epina School 22-23 so far...



# What have we done to go that extra mile in PE?

## TERM 1-

- Football phase 3
- Football phase 4
- Primary Gymnastics
- Football friendly against Bambrough
- smile through sport (External Agency) Multisport



## TERM 2-

- NCL Football Foundation (6 weeks)
- Inclusive Tennis
- Primary Bowling
- Secondary Bowling
- Durham cricket foundation (12 Weeks)



# TERM 3-

- Cross Country
- Primary Badminton Festival

## UP AND COMING...

- Basketball Friendly (Mon)
- Football club friendly (pending)
- Rounders (pending)
- Athletics (pending)
- Inclusive Netball Festival (22nd June)
- Dance Festival (29th June)
- South Tyneside's Got Talent (6th July)
- Sports Day!



# Sport Options Group!

- OCR qualification in 4 different sports
- Sports Leaders (leading a tennis festival)
- Coaching session for South Shields FC



# Trampolining British Gymnastics Awards

Students achieved from level 6 to level 10 with a recognised award from British Gymnastics and Trampolining!

Lets see what they have been up to...

The logo for British Gymnastics, featuring the word "British" in blue, "Gymnastics" in red, and the tagline "More than a sport" in grey below it.

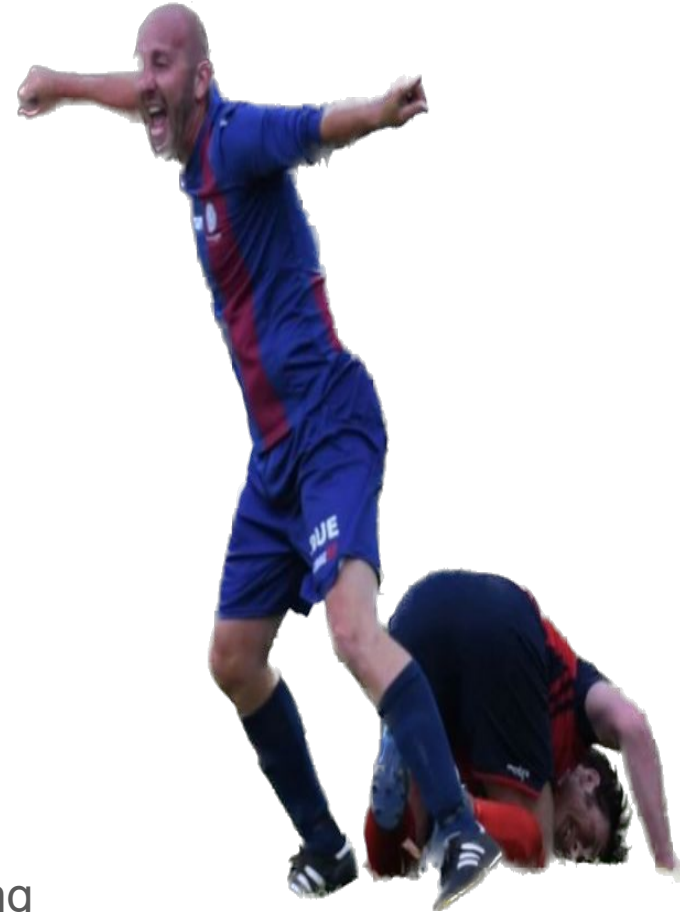
British  
Gymnastics  
More than a sport

# Ex pupils back for work experience!

3 ex students came back to Epinay to complete their work experience in the PE department. They are now studying level 2 BTEC in sport. The 3 boys assisted and lead PE lessons.







Mr Rue loves playing football every weekend and training through the week!



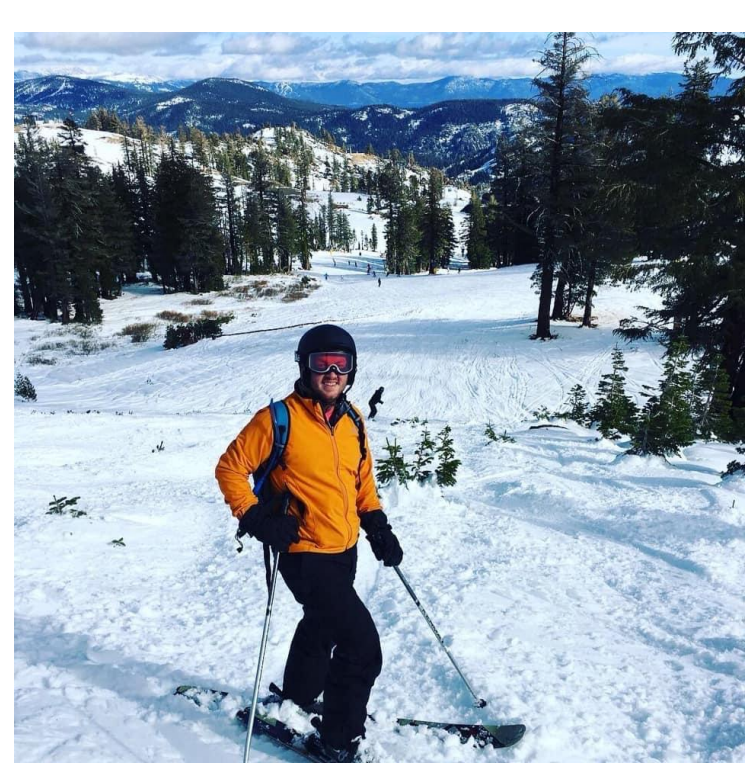
Miss Mitchell loves performing, playing netball and the occasional bike ride!



Miss Sanderson enjoys walking!



Miss Middleton loves kickboxing and running!



Mr Soulsby enjoys skiing, golf and coaching football!



Miss Henderson and Miss Patterson completed a 4 hour body combat class at the weekend!



Epina y staff also participate in extracurricular football, netball, spinning and gym club!



### Football

Whether your looking for toddler ball skills and confidence building or teen 5 a side, start here to find football clubs, classes & coaches in South Tyneside. Bring your own boots!



### Gymnastics

Attention somersault seekers and body benders, Families South Tyneside lists all the local gymnastics clubs where you can safely practice your art.



### Martial Arts

Your child may not be the new Bruce Lee but boys and girls alike love to learn the ancient art of martial arts, from Judo to Jujutsu Karate to Kendo find class to try locally in South Tyneside.



### Other Sports

Whatever sport you're looking for, we at Families South Tyneside have tried to track it down. From Fencing to Rugby and ball sports in between, if it's available in South Tyneside, it's on our radar.



### Swimming

Whilst most adults prefer to stay dry, kids just love getting wet and where better to do so than in the pool? A great activity at any time. Find your local lessons and session times with Families South Tyneside.



### Tennis

Tennis

# Sport facilities

For information see:

- [Sports facilities at Jarrow Focus](#)
- [Sports facilities at Temple Park Centre](#)
- [Sports facilities at Monkton Stadium](#)

<https://www.familiesonline.co.uk/local/south-tyneside/sport>





**110 students have been involved in sporting competitions so far and have represented epinay!**

**Winning isn't the score on the board...**

**Winning for Epinay is seeing students have resilience, respect, skill, positive attitude, self-confidence/control and being persistent with all of these qualities!**

**#TeamEpinay**