NOCN LEVEL 1 Preparing to work in Adult Social Care
Units towards – NOCN ENTRY 3 Award Employment, Training and Personal Development
Units Towards – NOCN Entry 3 Award Independent Living Personal Care

Unit	Learning Outcomes	Assessment Criteria
Personal Safety	1.Know how to stay	1.1. Identify potential risks to the home.
	safe at home.	1.2. Identify three ways of protecting the home
	2. Know how to stay	2.1. Identify situations that pose a risk to self. 2.2. Identify possible strategies to
	safe from other's	prevent these situations.
	behaviour.	2.3. Identify a strategy for dealing with such a situation.
	3. Know basic	3.1. Identify three emergency situations.
	emergency aid	3.2. Describe what needs to be done in 3.1.
	techniques.	3.3. Identify emergency contacts.
		3.4. Simulate the making of a 999 telephone call.
	4. Know familiar health	4.1. Identify three health and safety signs
	and safety signs.	
Personal Care and	1. Understand the need	1.1. Identify why bathing or showering is part of a regular personal routine.
Hygiene	for personal hygiene.	1.2. Identify another personal hygiene routine and when it might be used.
	2 Know the uses of	2.1. Identify products for personal use.
		2.2. Identify examples of when toiletry products are used.
	tonetry products	2.2. Identity examples of when tolled y products are used.
	3. Recognise the need	3.1. Identify a routine for changing different clothes.
		3.2. Identify why clothes should be changed and washed or cleaned regularly.
		3.2. racinary why doubtes should be changed and washed or dediled regularly.
		4.1. Identify why oral health is important. 4.2. Give examples of advantages of using
	· · · · · · · · · · · · · · · · · · ·	oral health products.
	of oral ficator.	4.3. Identify when and how teeth should be cleaned.
	Personal Safety Personal Care and	Personal Safety 1.Know how to stay safe at home. 2. Know how to stay safe from other's behaviour. 3. Know basic emergency aid techniques. 4. Know familiar health and safety signs.

Hand out –	Introduction to the	1. Know about types of	1.1. Define adult social care
14.9.20	adult social care	social care support	1.2. Outline the different types of adult social care support and their purpose
Handle	sector- Level 1	available to adults	1.3. Give examples of who would access different types of adult social care support 1.4. Outline how informal care contributes to adult social care
Hand In – 14.12.20			1.4. Outline now informal care contributes to adult social care
14.12.20		2. Know the range of	2.1. Identify a range of jobs available in adult social care
		jobs available in adult	2.2. Outline settings where adult social care support is provided
		social care	2.3. Outline a range of ways to develop a role or career in adult social car
		Social care	2.5. Outline a range of ways to develop a role of career in additional
Hand out –	Introduction to the	Know the values and	1.1. Identify key values and principles of adult social care
14.9.20	values and principles	principles of adult social	1.2. Outline why adult social care workers need to promote these values at all times
	of adult social care-	care	1.3. Identify areas where own values and principles may conflict with those of adult
Hand In –	level 1		social care
8.2.20		2. Know the importance	2.1. Outline why it is important to support and respect diversity and different
		of diversity within adult	cultures and values
		social care	2.2. Outline the importance of finding out an individual's history, needs, wishes,
			likes and dislikes
Corina	Awareness of the	Know the range of skills	1.1. List skills and attitudes essential to work in adult social care
Spring	skills and attitudes	and attitudes essential	1.2. Identify own skills and attitudes essential to work in adult social care
Hand out	needed to work in	to work in adult social	1.3. Identify own skills and attitudes that require further development
11.1.2021	adult social care-	care	2.5. Tuesting own skins and dedicades that require further development
	Level 1		
Hand in			
19.3 2021		Know the	1.1. Identify the range of communication skills needed in adult social care
		communication skills	
		needed in adult social	
		care	

	Awareness of communication in adult social care- Level 1	2. Know how adult social care workers can meet the communication and language needs of individuals	2.1. Identify barriers to effective communication 2.2. List ways of overcoming barriers to effective communication
		3. Know the importance of record keeping in adult social care settings	 3.1. List the different purposes for which record keeping might be used 3.2. Give examples of different types of record keeping used in adult social care settings 3.3. Outline the skills needed to maintain clear, accurate and up to date records
	Awareness of the role and responsibilities of the adult social care worker- Level 1	1 Know about the responsibilities of the adult social care worker	 1.1. Identify main responsibilities of an adult social care worker 1.2. Outline the responsibilities and limits of the relationship between care workers and the individual 1.3. Identify others that adult social care workers may work in partnership with 1.4. Outline the need to report any suspicions about abuse or neglect
		2. Know about the role of the adult social care worker	 2.1. Identify daily tasks in a range of adult social care roles 2.2. Outline how duty of care might apply to the adult social care worker's daily role 2.3. Give examples of how to provide person centred support when supporting individuals in day-to-day activities
Summer Hand out 26.4. 21	Caring for a Child	Know how to provide physical care for children of different ages.	1.1. List some key factors in the physical care of a baby, toddler, pre-school and school aged child: (a) Hair (b) Skin (c) Teeth (d) Feet.

Hand in 14.6.21		2. Be able to choose appropriate clothing and footwear for children.	2.1. Identify suitable clothing and footwear for children according to age and season.
		3. Understand the importance of a child's daily routine.	3.1. List the key activities in the daily routine of a child of a given age. 3.2. State how these activities are important for the well-being of the child.
	Check that a small Animal is Healthy	1 Be able to restrain a small animal.	1.1. Prepare to restrain a small animal.1.2. Restrain a small animal.1.3. Maintain own safety and hygiene throughout the restraining of the small animal.
		2. Know the signs of good health in a small animal.	2.1. Identify areas of the body for checking to establish health in a small animal.2.2. State the signs which indicate that a small animal is healthy.